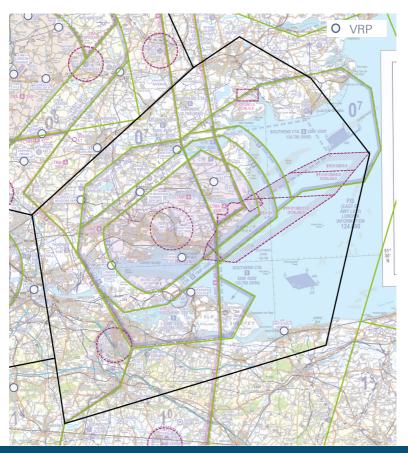
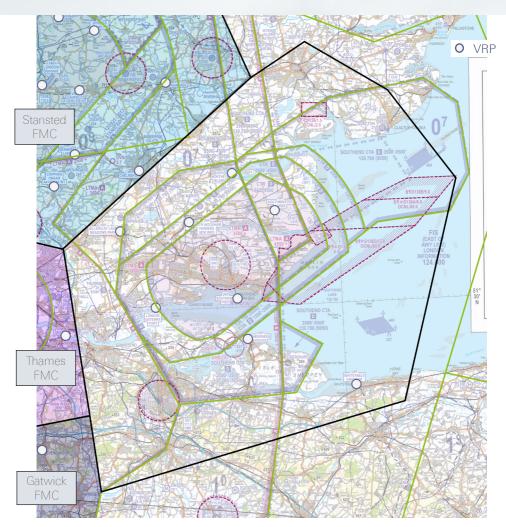


A Frequency Monitoring Code (FMC) is a unique code which shows air traffic control units who are equipped with radar that you are monitoring a specific frequency. Before selecting an FMC, you should ensure that you are operating within the FMC area designated for the appropriate Air Traffic Service. The appropriate frequency should then be selected before entering the FMC into the transponder. You must remain outside controlled and notified airspace and are not in receipt of an Air Traffic Service. FMCs should only be used during the notified hours of operation of the nominated radar frequency.



Southend Radar **130.780 MHz** Frequency Monitoring Code **5050**

Southend FMC area



Pilots operating outside controlled airspace but within the area shown overleaf and not utilising a Lower Airspace Radar Service (LARS) provided by Southend Radar or Farnborough Radar are encouraged to monitor Southend Radar on **130.780** MHz and select SSR code **5050**.

Pilots operating outside controlled airspace but proximate to the Rochester ATZ are encouraged to obtain a service from Rochester Information during notified hours of operation to obtain relevant information to allow their flights to be conducted safely.

Southend Radar **130.780 MHz** Frequency Monitoring Code **5050**