

# Frequency Monitoring Codes

## and ATIS Frequencies

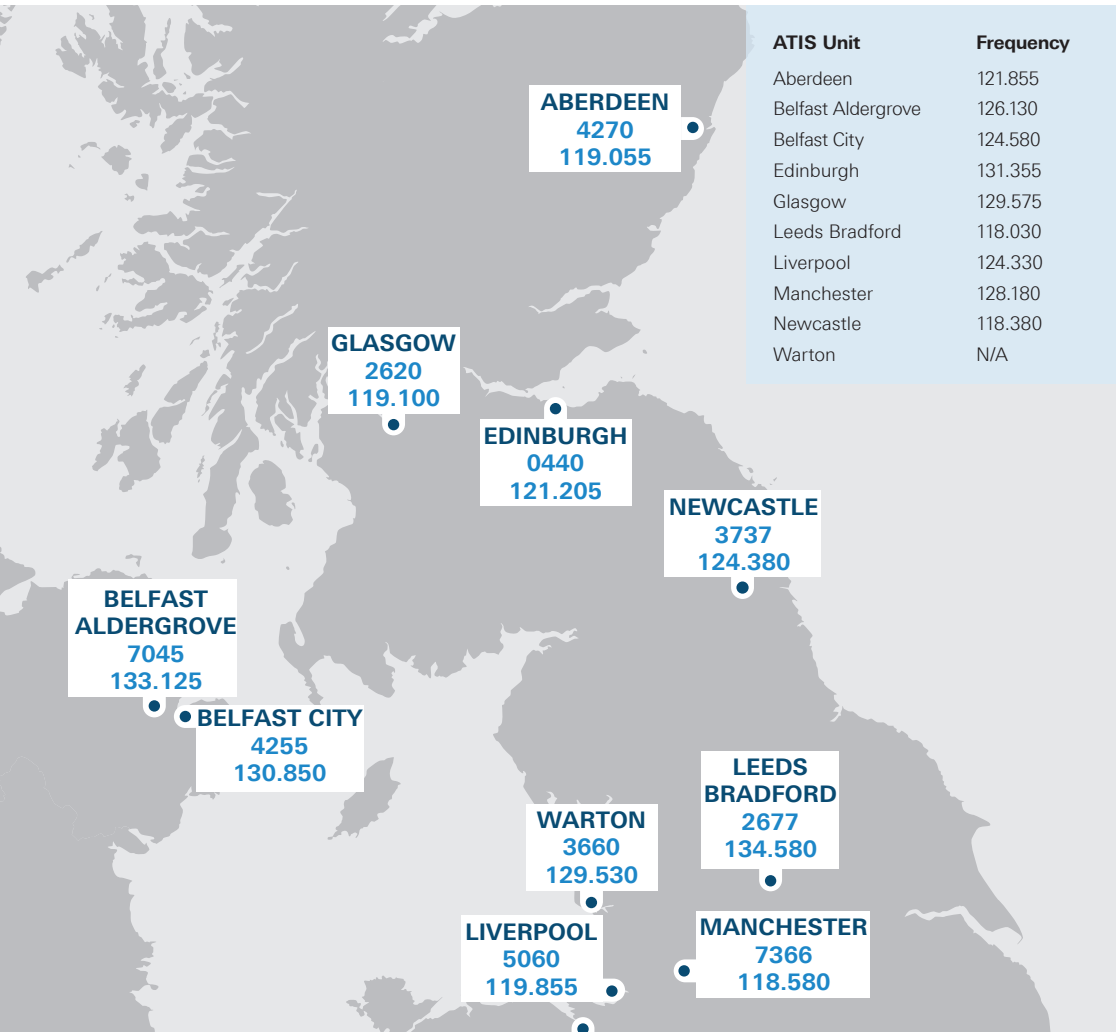
### Frequency Monitoring Codes

Listen out on the appropriate frequency and set your transponder to the corresponding listening squawk.

An FMC (squawk) does not imply that you are receiving an air traffic service, nor that you are cleared to enter controlled airspace.

When you leave the area or change frequency, select the SSR transponder code appropriate to your flight rules, 7000 for VFR or 2000 for IFR (squawk conspicuity).

**Pilots must refer to AIP supplements and check NOTAMs before each flight.**



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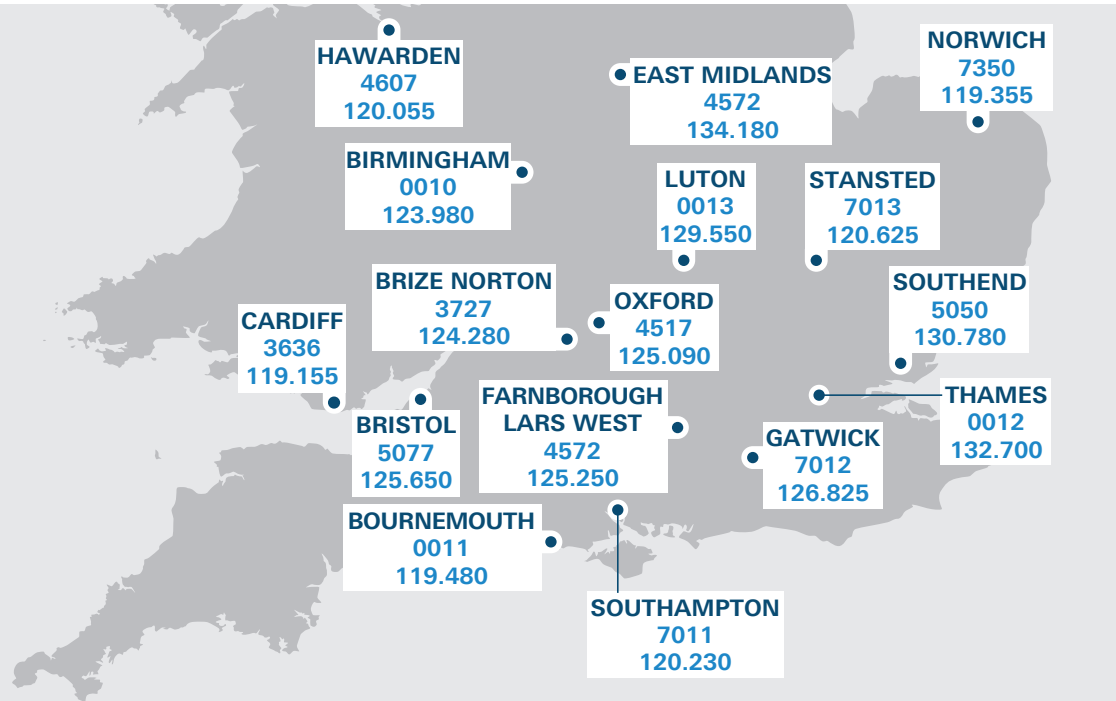
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ATIS Unit	Frequency	ATIS Unit	Frequency
Birmingham	136.030	Hawarden	125.340
Bournemouth	133.730	Luton	120.580
Bristol	126.030	Norwich	128.630
Brize Norton *	126.505	Oxford	136.230
Cardiff	132.480	Southampton	130.880
East Midlands	122.680	Southend	136.055
Farnborough West	128.405	Stansted	127.180
Gatwick	136.525	Thames	128.080

\* subject to availability