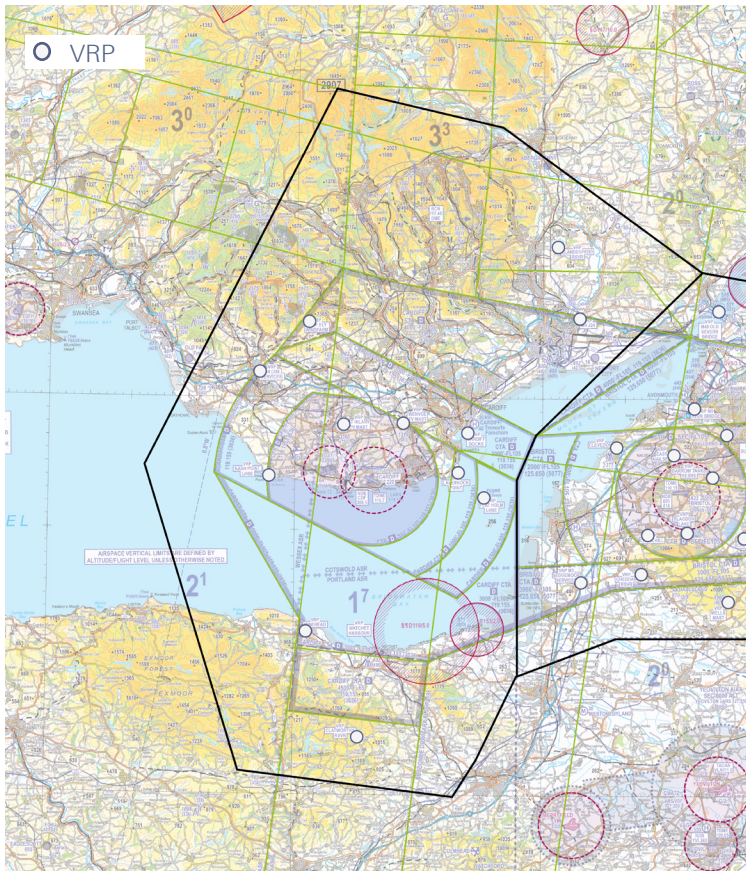


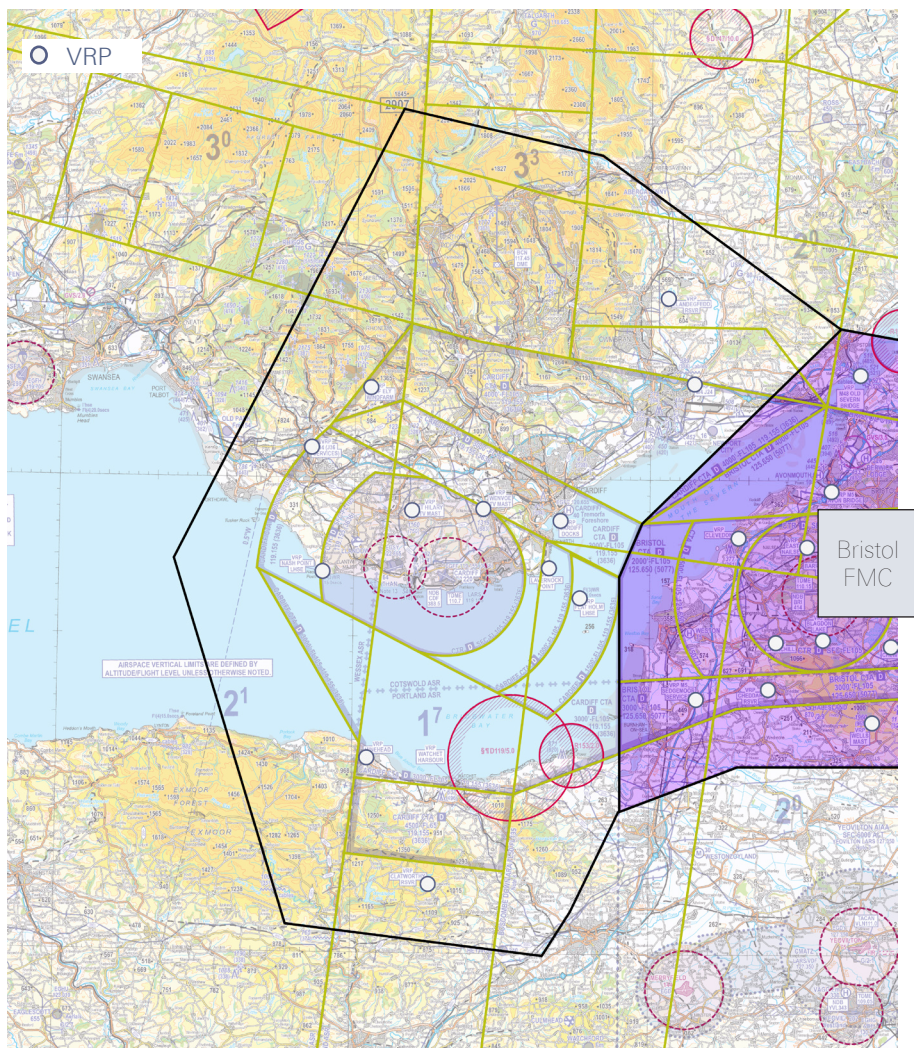
A Frequency Monitoring Code (FMC) is a unique code which shows air traffic control units who are equipped with radar that you are monitoring a specific frequency. Before selecting an FMC, you should ensure that you are operating within the FMC area designated for the appropriate Air Traffic Service. The appropriate frequency should then be selected before entering the FMC into the transponder. You must remain outside controlled and notified airspace and are not in receipt of an Air Traffic Service. FMCs should only be used during the notified hours of operation of the nominated radar frequency.



Cardiff FMC Area

Aircraft operating outside controlled airspace but within the area shown overleaf that are not in receipt of a Lower Airspace Radar Service from Cardiff Approach, Exeter Radar or Yeovil Radar are encouraged to monitor Cardiff Approach on 119.155 MHz and select SSR code 3636.

Due to high terrain to the north and north west of Cardiff it may not always be possible to monitor Cardiff Approach below certain altitudes.



Cardiff Approach **119.155 MHz**
Frequency Monitoring Code **3636**